

Filial Therapy Training for Parents and Caregivers

*Looking for strategies to strengthen your
bond with your young children during play?*

Next Date TBD

Email Carrie@circusartsinstitute.com to be placed on the email notification list or to inquire about private sessions planned around your family's schedule.

Sign up to participate in a 6-session parent training experience led by Registered Play Therapist, Carrie Heller, MSW, LCSW, RPT*

\$480 for 6 sessions, \$240 reserves your spot

See our website for more information about the benefits of Filial Therapy

**Masters of Social Work, Licensed Clinical Social Worker, Registered Play Therapist*

Email Carrie Heller at Carrie@CircusArtsInstitute.com
or call 404-549-3000 to reserve your spot!

RSVP
TODAY!



Conveniently located near Your Dekalb Farmer's Market
2969 East Ponce De Leon Avenue
Suite 370
Decatur, GA 30030

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What is Filial Therapy?

In filial therapy, parents learn how to conduct special, non-directive play sessions with their child. Filial therapy strives to enhance the child-parent relationship by empowering the parent with new and innovative ways to interact with their child. Parents are given the necessary skills to practice effective listening and response to their child's emotions. Parents are also provided the tools to help encourage the enhancement of the child's self-esteem.

Carrie Heller (MSW, LCSW, RPT) will teach parents how to set limits and utilize therapeutic principles of play therapy. Parents then conduct special play sessions at-home where they are taught how to provide an authentically accepting and understanding atmosphere. The goal is that through training, the child will find security and confidence to explore their own emotions and the relationship with their parent.

Parents will not be doing "therapy" with their child. Instead, they will learn skills to help build the parent-child relationship through the experience of special play times, also known as "special play sessions," or "special time" for preteens teens.



Conveniently located adjacent to Candler Park
206 Rogers Street, Suite 214, Atlanta, GA 30317
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